



# February breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
January 30, 2017	January 31, 2017	February 1, 2017	February 2, 2017	February 3, 2017
		STRING CHEESE Blueberry Muffin 2oz Fresh Apple 1 cup Choice of Milk 8oz	STRAWBERRY YOGURT 4oz ChocolateChip Minis1.1oz Fresh Orange 1/2 cup Mixed Fruit Cup 1/2 cup Choice of Milk 8oz	GOLDEN GRAHAMS 1oz Cinnamon Sky Minis 1.1oz Peach Cup 1/2 cup Pear Cup 1/2 cup Choice of Milk 8oz
February 6, 2017	February 7, 2017	February 8, 2017	February 9, 2017	February 10, 2017
Breakfast Allergen Pack CINNAMON TOAST CRUNCH1oz Chocolate Chip Minis1.1oz Craisins 1/2 cup Blended Fruit Juice 1/2 cup Choice of Milk 8oz	VANILLA YOGURT 1oz m/ma Peach Mini Loaf 2oz Mixed Fruit Cup 1/2 cup Peach Cup 1/2 cup Choice of Milk 8oz	COCOA PUFFS 1oz 25% LESS SUGAR Maple Breakfast Square1oz Fresh Orange 1/2 cup Pear Cup 1/2 cup Choice of Milk 8oz	STRING CHEESE Strawberry Minis 1.1oz Fresh Banana 1/2 cup Peach Cup 1/2 cup Choice of Milk 8oz	FROSTED FLAKES 1oz (LOW SUGAR) Mini Wafers 1.1oz Fresh Apple 1 cup Peach Cup 1/2 cup Choice of Milk 8oz
February 13, 2017	February 14, 2017	February 15, 2017	February 16, 2017	February 17, 2017
APPLE JACKS 1oz REDUCED SUGAR Cherry Breakfast Bar1.5oz Craisins 1/2 cup Grape Juice 1/2 cup Choice of Milk 8oz	STRING CHEESE Lemon Mini Loaf 1.7oz Pineapple Cup 1/2 cup Pear Cup 1/2 cup Choice of Milk 8oz	GOLDEN GRAHAMS 1oz Orange Mini Bites 1.1oz Fresh Apple 1 cup Choice of Milk 8oz	STRAWBERRY YOGURT 4oz Banana Muffin 2oz Fresh Orange 1/2 cup Pineapple Cup 1/2 cup Choice of Milk 8oz	
February 20, 2017	February 21, 2017	February 22, 2017	February 23, 2017	February 24, 2017
	STRAWBERRY YOGURT 4oz Granola 1oz Craisins 1/2 cup Orange Juice 1/2 cup Choice of Milk 8oz	FROSTED FLAKES 1oz (LOW SUGAR) French Toast Breakfast Bar 1.5oz Fresh Apple 1 cup Choice of Milk 8oz	RICE KRISPIES 1oz Mini Wafers 1.1oz Fresh Banaria 1/2 cup Peach Cup 1/2 cup Choice of Milk 8oz	STRING CHEESE Choc Chip Mini Loaf 1.7oz Pineapple Cup 1/2 cup Pear Cup 1/2 cup Choice of Milk 8oz
February 27, 2017	February 28, 2017	March 1, 2017	March 2, 2017	March 3, 2017
FROOT LOOPS 1oz REDUCED SUGAR Strawberry Pancake Square 1oz Craisins 1/2 cup Grape Juice 1/2 cup Choice of Milk 8oz	STRING CHEESE Blueberry Muffin 2oz Pear Cup 1/2 cup Pineapple Cup 1/2 cup Choice of Milk 8oz			

\*\*\*\* ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

\*\*\* MENU SUBJECT TO CHANGE.

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# February LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
January 30, 2017	January 31, 2017	February 1, 2017	February 2, 2017	February 3, 2017
		BBQ CHICKEN 2oz m/ma-1/4c red/orange Whole Wheat Bun 2oz Maple Baked Beans 1/2c legumes Fresh Pear 1/2 cup Choice of Milk 8oz	MACARONI 1oz grain & CHEESE 2oz m/ma Mixed Vegetables 1/2c starchy-1/4c orange Sliced Apples 1/2 cup Choice of Milk 8oz	TURKEY W/STUFFING GRAVY & MASHED POTATOES 2oz m/ma-1be-1/2c starchy Romaine Salad 1/2 cup Ranch Dressing .42oz Fresh Banana 1/2 cup Breadstick 1oz Choice of Milk 8oz
February 6, 2017	February 7, 2017	February 8, 2017	February 9, 2017	February 10, 2017
POPCORN CHICKEN 2oz m/ma-1oz grain ALLERGEN LUNCH French Fries 3/4c starchy Strawberry Applesauce 1/2cup BBQ Sauce 0.42oz Ketchup 0.25oz Choice of Milk 8oz	WAGON WHEEL PASTA 2.2oz W/MEATSAUCE 1.5oz m/ma 1/2c red/orange Garden Vegetables 1/4c starchy-1/4c orange Blended Fruit Juice 1/2 cup Chocolate Chip Minis 1.1oz Choice of Milk 8oz	HAMBURGER 2oz m/ma Whole Wheat Bun 2oz Baby Carrots 1/4 cup Ranch Dressing .42oz Maple Baked Beans 1/2c legumes Fresh Banana 1/2 cup Mustard 0.16oz Ketchup 0.25oz Choice of Milk 8oz	NATIONAL PIZZA DAY! SAUSAGE PIZZA 1.5oz m/ma-2.5oz grain 1/4c red/orange Romaine Salad 1/2 cup Ranch Dressing .42oz Fresh Pear 1/2 cup Choice of Milk 8oz	CHEESY CHICKEN BROCCOLI BAKE 1.5oz m/ma 1/2c other-1/4c starchy Lemon Mini Loaf 1.7oz Fresh Orange 1/2 cup Choice of Milk 8oz
February 13, 2017	February 14, 2017	February 15, 2017	February 16, 2017	February 17, 2017
PIZZA DIPPERS 2oz m/ma-2oz grain Marinara Dipping Sauce 1/2c red/orange Green Beans 1/2c other Pineapple Cup 1/2 cup Choice of Milk 8oz	CHICKEN TENDERS 2oz m/ma-1WG Mashed Potatoes 1/2 cup Baby Carrots 1/4 cup Ranch Dressing .42oz Fresh Orange 1/2 cup BBQ Sauce 0.42oz Choice of Milk 8oz	PEPPERONI PIZZA WRAP 2oz m/ma-2oz grain 1/4c red/orange Broccoli 1/2 cup Fresh Banana 1/2 cup Choice of Milk 8oz	TACO SCOOPS 2oz m/ma-5/8c red/orange Salsa Cup 1/4c red/orange Refried Beans 1/2 c legumes Tortilla Rounds .875oz Sliced Apples 1/2 cup Choice of Milk 8oz	NO SCHOOL
February 20, 2017	February 21, 2017	February 22, 2017	February 23, 2017	February 24, 2017
PRESIDENTS DAY	CHICKEN NUGGETS 2oz m/ma-1oz grain W/TH POTATO ROUNDS 1/4c starchy Maple Baked Beans 1/2c legumes Grape Juice 1/2 cup BBQ Sauce 0.42oz Ketchup 0.25oz Choice of Milk 8oz	TURKEY BURGER 2oz m/ma Whole Wheat Bun 2oz Mixed Vegetables 1/2c starchy-1/4c orange Fresh Pear 1/2 cup Mustard 0.16oz Ketchup 0.25oz Choice of Milk 8oz	CHILI DAY! CHILI 2oz m/ma 1/2c red/orange Broccoli 1/2 cup Fresh Apple 1 cup Corn Muffin 2.4oz Choice of Milk 8oz	CHEESE PIZZA 1.5oz m/ma-2.5oz grain 1/4c red/orange Romaine Salad 1/2 cup Ranch Dressing .42oz Fresh Orange 1/2 cup Choice of Milk 8oz
February 27, 2017	February 28, 2017	March 1, 2017	March 2, 2017	March 3, 2017
CHICKEN TENDERS W/TH 2oz m/ma-1oz grain POTATO WEDGES 1/4c starchy Diced Carrots 1/2 cup Orange Sorbet 100% Juice BBQ Sauce 0.42oz Ketchup 0.25oz Choice of Milk 8oz	MEATBALLS 2oz m/ma W/TH TOMATO SAUCE 1/2c red/orange Whole Wheat Bun 1.5oz Corn 1/2c starchy Peach Cup 1/2 cup Choice of Milk 8oz			

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# February snack



Monday	Tuesday	Wednesday	Thursday	Friday
January 30, 2017	January 31, 2017	February 1, 2017	February 2, 2017	February 3, 2017
		Orange Cookies 1.1oz Mixed Fruit Cup 3/4cup	STRING CHEESE Pretzels .70oz	Multigrain Sun Chips 1oz Tropical Veggie Juice 3/4 cup other
February 6, 2017	February 7, 2017	February 8, 2017	February 9, 2017	February 10, 2017
Cinnamon Sky Minis 1.1oz Grape Juice 3/4 cup	STRING CHEESE Graham Crackers 0.78oz	Pretzels .70oz Blended Fruit Juice 3/4 cup	Choc Chip Mini Loaf 2oz Apple Juice 3/4 cup	Tortilla Rounds .875oz Tropical Veggie Juice 3/4 cup other
February 13, 2017	February 14, 2017	February 15, 2017	February 16, 2017	February 17, 2017
Multigrain Sun Chips 1oz Blended Fruit Juice 3/4 cup	Chocolate Chip Minis 1.1oz Apple Juice 3/4 cup	Cheddar Goldfish Crackers .75oz Mixed Fruit Cup 3/4cup	Cherry Cookie 1.1oz Tropical Veggie Juice 3/4 cup other	NO SCHOOL
February 20, 2017	February 21, 2017	February 22, 2017	February 23, 2017	February 24, 2017
PRESIDENTS DAY	Raspberry Cookies 1.1oz Blended Fruit Juice 3/4 cup	STRING CHEESE Graham Crackers 0.78oz	Com Muffin 2.4oz Blended Fruit Juice 3/4 cup	Honey Roasted Sunflower Seeds 1.2oz Apple Juice 3/4 cup
February 27, 2017	February 28, 2017	March 1, 2017	March 2, 2017	March 3, 2017
Popped Crisps Honey BBQ .78oz Apple Juice 3/4 cup	Cherry Mini Loaf 2oz Grape Juice 3/4 cup			

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